

# GROWING AS A HEALTHY MB LEADER

Our **CCMBC Mission statement** is “to cultivate a community and culture of healthy disciple-making churches and ministries, faithfully joining Jesus in his mission.” While this statement focuses specifically on our MB churches and our associated ministries, we must realize that this goal will never happen without the cultivation of healthy disciple-making leaders, who are faithfully joining Jesus in his mission. If we as leaders do not personally and whole-heartedly embrace and embody this same calling, there is no reason to believe that this mission will be realized by our church communities and ministries.

Healthy leaders pursue and grow in the four relational areas—with God, others, creation, and self—that are part of God’s Kingdom purposes in the world. The purpose of this resource is to see every MB credentialed leader growing toward personal and vocational health and flourishing.

The **MB Code of Personal and Ministry Ethics** means that every MB credentialed leader has committed themselves to maintain and live out...

- *an ongoing, vibrant, and healthy spiritual relationship with God through the Holy Spirit;*
- *proper self-care spiritually, physically, and relationally;*
- *covenantal love and care for those in [their] closest circle of relationships (e.g., parents, spouse, children, etc. as applicable);*
- *the centrality of Jesus, the gospel, and God’s Kingdom;*
- *Jesus’ way of peacemaking;*
- *generosity and stewardship of possessions, time, and giftings;*
- *honesty and integrity;*
- *their sexuality in the way of Jesus’ Kingdom;*
- *respect for the governing authorities;*
- *professional development in [their] ministry life;*
- *and active participation in our denominational family (local, provincial, national) by attending gatherings and serving as able.*

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This **Growing as a Healthy MB Leader** resource is an opportunity for each credentialed leader to reflect on how they are living out these commitments and also how they might grow in these areas. *(Note: There may be special circumstances in one's personal and/or ministry life that deeply impact one's ability to focus on growing as a healthy leader. If these special circumstances become overwhelming, rather than working on this growth plan, we recommend reaching out for help and support from trusted friends, counsellors, and colleagues.)*

1

How are you maintaining and growing an ongoing, vibrant, and healthy spiritual relationship with God through the Holy Spirit?

2

How are you living out and growing in proper self-care in terms of mental health, physical health, and relational health?

3

How are you living out and growing in covenantal love and care for those in [your] closest circle of relationships (e.g., parents, spouse, children, etc. as applicable)?

4

How are you living out and growing in your MB Confession commitments (e.g., living out the gospel, peacemaking, generosity, faithful sexuality, respect for authorities, etc.)?

5

What are you pursuing in terms of ongoing professional development in [your] ministry life?

6

How are you living out and growing in your active participation in our denominational family (local, provincial, national) by attending gatherings and serving as able?

7

Is there anything you need from others to help you grow as a healthy MB leader?