

ONMB Pastors' & Leaders' Day

Sharpening your Focus
"Empowered to Last"
with Dr. Grant Mullen

February 23, 10am-4pm



We are excited to invite you to the 2018 Pastors' & Leaders' Day which will be held Friday, February 23rd from 10am to 4pm. Our keynote speaker Dr. Grant Mullen is a mental health physician from Grimsby Ontario. He lectures internationally on the keys to personal transformation, emotional recovery and healthy relationships. Learn more about Dr. Grant Mullen at: drgrantmullen.com



Session 1: **Three steps to a successful ministry**

Learn how to recognize and break the three links in the chain of emotional bondage that can cripple your ministry.

Session 2: **Your mood matters**

Understand depression, anxiety, mood swings and chemical imbalances from a Christian perspective. Gain tools to tell if you or a loved one is suffering from a mood disorder.

Session 3: **Rekindling the Flame**

Avoiding the pitfalls of burnout. You will discover if you are in any of the stages of burnout.

Date: February 23, 2018 10am to 4pm
Location: Behta Darya Community Church
5155 Spectrum Way, Unit 15
Mississauga, Ontario L4W 5A1
Cost: \$45 (lunch included)
Registration details:

<https://onmb.org/event/onmb-pastors-and-leaders-day-convention-2018/#register>

Registration Deadline: February 9, 2018